

Resident

C O R N E R

Welcome to 'Resident Corner', a column written by and for residents of Heather Heights. We are *patiently* waiting for the last remaining elements of winter to truly turn into the Spring season. In the meantime, new or re-introduced activities are springing up like daffodil blossoms! We'll be making visits to the Henrietta Library every other week. The Dryden Theater is once again open for the season with a selection of superb movies shown at the historic George Eastman House. Our Gardening Club is nurturing heirloom tomato seedlings and we'll be preparing outdoor planting beds to be ready when the planting season arrives. We will also spend an afternoon at Marketplace mall for lunch and shopping. As the weather turns warmer, we'll be taking afternoon outings to local parks and attractions. And don't forget, Short Story Roundtable on Sundays, live ice entertainment on Mondays, Wednesdays, and Saturdays, Tea Party Tuesdays, and our ice cream social and happy hour.

Sandy Bailey
Resident Representative

Thoughts on Aging!

"Age is an issue of mind over matter. If you don't mind, it doesn't matter."

~Mark Twain

"Nobody grows old merely by living a number of years. We grow old by deserting our ideals. Years may wrinkle the skin, but to give up enthusiasm wrinkles the soul."

~Samuel Ullman

"You are as young as your faith, as old as your doubt; as young as your self-confidence, old as your fear; as young as your hope, as old as your despair."

~Douglas MacArthur

"Age does not diminish the extreme disappointment of having a scoop of ice cream fall from the cone."

~Jim Fiebig

"Youth is a wonderful thing. What a crime to waste it on children."

~George Bernard Shaw

"Old age is fifteen years older than I am."

~Oliver Wendell Holmes