

**HEATHER HEIGHTS OF PITTSFORD, INC.
160 WEST JEFFERSON ROAD
PITTSFORD, NEW YORK 14534
585-264-1600**

Guidelines for Completion of DOH 3122
Medical Evaluation 25.103(1)

- 1. Please place an answer in every category. (None or Not Applicable is accepted. Blanks are not accepted.)**
2. All information must be completed (Personal). This includes the complete address and place of birth.
3. The examination date must be within 30 days of the resident's admission.
4. All medications (including non-prescription drugs) must indicate route, time and dosage.
- 5. Please include prescriptions for all medications listed.**
6. An order must be written for a resident to have bed rails, hospital bed, walker, wheelchair, scooter, O², urinals, commodes, etc.
7. Alcoholic Beverage orders: Must be specific to when allowed and maximum beverages included or allowed for consumption.
- 8. Please print or type the Physician's name under the Signature. The date of the examination must be written. If completed by a Nurse Practitioner, the physician must co-sign his/her signature. Stamped signatures cannot be accepted.**
- 9. If attaching a medication list, must be signed and dated by the Physician.**

ALL SPACES MUST BE FILLED OUT

Facility Name: _____ Date of Exam: _____

Patient's/Resident's Name: _____ Date of Birth: _____ Sex: _____

Present Home Address: _____
Street

City State Zip

Reason for evaluation: Pre-Admission 12 month Acute change in patient condition

Other Describe: _____

MEDICAL REVIEW FINDINGS

Vital Signs: BP: _____ Pulse: _____ Resp: _____ T: _____ Height: _____ ft _____ in. Weight: _____

Primary Diagnosis(s): _____

Secondary Diagnosis(s): _____

Allergies: None Known Allergies (list): _____

Diet: Regular No Added Salt Limited Concentrated Sweets Mechanical Soft Other: _____

Does the resident have dental health concerns requiring treatment or which may impair chewing/eating? No Yes

If yes, describe: _____

Tobacco Use: PPD/Years: _____ Alcohol Use: Amount/Frequency: _____

Recreational Drug Use: Describe _____

IMMUNIZATIONS

- Influenza (Date _____)
- Pneumococcal Vaccine (Date _____)
- Tetanus Vaccine (Date _____)

SCREENINGS

- Mammogram (Date _____)
- Pap Smear (Date _____)
- PSA (Date _____)
- Colonoscopy (Date _____)

TUBERCULIN TEST (Required within 30 days prior to admission unless medically contraindicated) Test is contraindicated

TST1: _____ Date Placed _____ Date Read _____ mm

TST2: _____ Date Placed _____ Date Read _____ mm

QuantiFERON-tb (QFT): _____ Date Placed _____ Date Read _____

Based on my findings and on my knowledge of this patient, I find that the patient _____ IS _____ IS NOT exhibiting signs or symptoms suggestive of communicable disease that could be transmitted through casual contact.

CONTINENCE

Bladder: Yes No If no, is incontinence managed? Yes No
Bowel: Yes No If no, is incontinence managed? Yes No

If no, recommendations for management: _____

Patient/Resident Name: _____ Date: _____

ACTIVITIES OF DAILY LIVING (ADL's)

Activity Restrictions: No Yes (describe): _____

Dependent on Medical Equipment: No Yes (describe): _____

Does the resident need the assistance of another person to perform the following?

Ambulate: No Yes Intermittent Continual Transfer: No Yes Intermittent Continual
Feeding: No Yes Intermittent Continual Manage Medical Equipment No Yes Intermittent Continual

ADDITIONAL SERVICES: None (List all that are needed. Attach additional sheet if necessary)

Physical Therapy _____ Reason _____ Speech Therapy _____ Reason _____

Occupational Therapy _____ Other (Specify) _____

Home Care: Nursing PCA HHA Other (describe) _____

LABORATORY SERVICES: None

Lab Test	Reason/Frequency	Lab Test	Reason/Frequency
_____	_____	_____	_____
_____	_____	_____	_____

COGNITIVE IMPAIRMENT/MEMORY LOSS

Based on your examination and/or information received from caregivers, do you recommend the patient be screened and/or tested for dementia or another cognitive impairment? (If yes, indicate who will perform screening/testing below)

No Yes (describe) _____

If yes, testing to be performed by: _____

MENTAL HEALTH ASSESSMENT

Does the patient have a history of or a current mental disability? Yes No

Has the patient ever been hospitalized for a mental health condition? Yes No

If Yes, describe: _____

Based on your examination, would you recommend the patient seek a mental health evaluation? (If yes, provide referral)

No Yes Describe: _____

Comments: _____

Pertinent medical/mental findings requiring follow-up by facility (e.g. skin conditions/acute or chronic pain issues) or any additional recommendations for follow-up: _____

PHYSICIAN CERTIFICATION

I certify that I have physically examined this patient and have accurately described the individual's medical condition, medication regimen and need for skilled and/or personal care services. Based on this examination and my knowledge of the patient, this individual (see Statement of Purpose):

- IS** **IS NOT** mentally **suited** for care in an Adult Home or Enriched Housing Program.
- IS** **IS NOT** medically **suited** for care in an Adult Home or Enriched Housing Program.
- IS** **IS NOT** in need of continual acute or long term medical or nursing care or supervision which would require placement in a hospital or nursing home.
- IS** **IS NOT** in need of 24-hour skilled nursing care.

LEVEL OF CARE RECOMMENDATION: (see Statement of Purpose)

- Adult Home/Enriched Housing Program/Assisted Living Residence Enhanced ALR Special Needs ALR

Physician Signature: _____ **Date:** _____

STATEMENT OF PURPOSE

Adult Homes (AH), Enriched Housing Programs (EHP), Residences for Adults (RFA), Assisted Living Residences (ALR), Enhanced Assisted Living Residences (EALR) and Special Needs Assisted Living Residences (SNALR) provide 24-hour residential care for dependent adults. They are not medical facilities.

Persons in need of constant medical care and medical supervision should not be admitted or retained in these settings because the facility lacks the staff and expertise to provide needed services. Persons who, by reason of age and/or physical and/or mental limitations are in need of assistance with activities of daily living, can be cared for in adult residential care settings listed above.

ALRs with certification to provide:

Enhanced ALR care may serve people who need chronic assistance from another person with ambulation, transfer, ascending/descending stairs; are dependent on medical equipment, have intermittent nursing needs (less than 24 hours a day); or have chronic, unmanaged urinary or bowel incontinence.

Special Needs ALR care may serve people who have a need for a secured environment and/or highly specialized services due to advanced dementia or other special need.

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PRN Medications

- Tylenol (325mg-2 tabs-po q 4 h prn pain/ elevated temp K-Peck 30cc po q 4 h prn diarrhea
- Robitussin 15cc po q 4 h prn cough Maalox 30cc po q 4 h prn indigestion
- MOM 30cc po qd prn constipation

Additional Medications

None

Resident can self manage the following devices

- 1/2 Side Rail for positioning Oxygen (Please describe order) _____
- Walker W/C (Can Self Propel)
- Shower Chair Elevated Toilet Seat
- Cane

May receive flu vaccine annually

May be served alcoholic beverages at activities with a Two (2) 4-ounce Drink Maximum

May Participate in Activities and Exercise Program

PMD Signature _____

Date _____