

Hamister Group Celebrates 40 years in Business



The Hamister Group is a recognized leader in healthcare and hotel management, with [almost 40 years of history](#) and an exceptional record of business success. We focus on providing exceptional service for our customers and have earned a sterling reputation for delivering superior management results.

[Mark Hamister](#), Chairman and CEO, started his first healthcare company in 1977. The company evolved into National Health Care Affiliates, Inc. and grew to become one of the largest health care companies in the United States. National Health Care Affiliates, Inc. made the Inc. 500 list five times during the 1980s, earning the company a spot in the Inc. Magazine Hall of Fame. In 1996, the majority of National Health Care Affiliates business units were sold, [earning a 37.2% rate of return for our investors](#).

We diversified our operations in 2004 with the establishment of a hotel management division. Since that time, we have grown to become one of the fastest-growing hotel management companies in the nation as rated by *Inc. Magazine*, and we were recently rated among the top 100 hotel management companies in the United States by *Hotel Business Magazine*. Our properties consistently achieve the highest honors in guest satisfaction, operations excellence and financial results. We are associated with some of the most recognized names in the hospitality industry, including Marriott, Hilton and InterContinental.

Healthcare also continues to be an important part of our business. [Our facilities](#) strive to deliver the highest quality Assisted Living, Memory Care and Independent Living services available.

Today, we own and manage [a portfolio of hotel and healthcare properties in five states](#), with more than 800 co-workers united in their desire to provide exceptional service to our customers, co-workers, and business partners. In addition, we are constantly striving for positive growth into new markets and are actively pursuing investment partners as we focus on both business acquisitions and new development.

Happy 40th Anniversary Hamister Group!



July Birthdays

In astrology, those born between July 1–22 are Cancer's Crabs. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of harmony at home and in the workplace. Those born between July 23–31 are Leo's Lions. Lions are the "kings" of the zodiac: dramatic, ambitious, confident, and hard to resist. Leos are also generous and loyal, putting both their family and friends first.

- Dan Aykroyd (actor) – July 1, 1952*
- Neil Simon (playwright) – July 4, 1927*
- Jerry Vale (singer) – July 8, 1930*
- Giorgio Armani (designer) – July 11, 1934*
- Linda Ronstadt (singer) – July 15, 1946*
- James Cagney (actor) – July 17, 1899*
- Sir Edmund Hillary (explorer) – July 20, 1919*
- Amelia Earhart (aviator) – July 24, 1897*
- Estelle Getty (actress) – July 25, 1923*
- Jim Davis (cartoonist) – July 28, 1945*
- Arnold Schwarzenegger (actor) – July 30, 1947*



Memorial Service for those who have passed in the last six months.

- | | |
|----------------|------------------|
| Peggy Goldberg | Onilee Hamilton |
| Leslie Harmer | Christine Greene |
| Peter Wolak | Vera Wheten |
| John Geiser | Susan Fischer |
| Jack Strommer | Joe Ilan |

Heather Heights will be having a Memorial Service for residents who have passed in the past six months. Jan Glende, Celebrant will be presiding over the service.

JULY 5, 2017
Blue Community Room
2:00 p.m.

HEATHER HEIGHTS
 OF PITTSFORD, INC.
Affiliated with Hamister Group, LLC

Heather Heights Happenings

160 West Jefferson Road Pittsford, NY 14534 Ph. 585-264-1600



Department Managers

- Administrator
Sherry Hoose
- Director of Personal Care
Evelyn Suarez
- Case Manager
Janna King, RN
- Assistant Director of Nursing
Beth McMullen
- Business Office Manager
Tiffany Arnold
- Marketing Director
Meghan Little
- Admissions Director
Amy Colwell
- Recreation Director
Susan Thomas-Payne
- Culinary Director
Andy Armstrong
- Maintenance Director
Tony Rivera
- Memory Care Coordinator
Jaime DeGaugh

Greetings from Sherry

Happy July, Heather Heights! On June 15th during our Annual Family Picnic, and even though it was a bit rainy, we had a wonderful evening with everyone! We were lucky to be chosen by the University of Rochester Eastman Dental program for their SMILEmobile, mobile dental services. Some of you and your families had the opportunity to tour the SMILEmobile and see it is well-equipped with three operatory areas and even an x-ray machine. This program provides services such as; dental cleanings, fillings, extractions, x-rays, dentures and more! If you do not have dental insurance, they will provide services based on a resident's income. No one will be turned away for dental services with the SMILEmobile's amazing coverage. If you are interested in receiving this service, please contact our front desk for more information and to fill out a registration form. The SMILEmobile will start services at our community in August, so get your registration form in today! ~ Sherry



<u>Residents</u>		<u>Co-Workers</u>	
Barbara Ward	7/12	Valencia Watson	7/05
Eugene Hoh	7/14	Arlita Murray	7/10
Ellen Spencer	7/16	Tanika Morris	7/14
Norma Claus	7/19	Jasmine Newton	7/28
Jack McGowan	7/20		
Barbara Duffy	7/30		



Greetings from the Green Neighborhood



Summer is in full swing in our neighborhood. The patio has come alive with lovely katydids singing and birds chirping. The breeze is flowing and most days the sun is shining! On our

patio, some enjoy the sun while others enjoy the shade. It's fun to see the residents enjoying being together, chatting, laughing and reminiscing.

We have several families who bring their grandchildren and pets in to visit. Our residents love seeing them both! They are always such a delight to see.

We wish you all a wonderful fun filled summer with lots of sunny days! – With Love & Blessings,

Robyn



Chatting with friends



Enjoying a family visit



Wildlife Education Coalition

RECREATION SURVEY

We have mailed out a Recreation Survey to our families/friends. Please take a moment to fill it out and return it. We appreciate your opinions. (If you have not received one, see Susan in Recreation)

Resident Spotlight - Helen Skibinski



Helen Skibinski has been a resident at Heather Heights for 4 ½ years. She grew up in the “Polish Neighborhood” on Ernst Street, off Hudson Avenue. She attended Franklin High School where she graduated in 1938.

After High School she went to work at Eastman Kodak as a Lens Inspector. Her husband, Elvin (El), attended college at the University of Illinois and joined the Navy as an officer after graduating. They were married in Cleveland, OH and lived there for 2 ½ years. He was then transferred to Kaiser Shipyard in Portland, Oregon.

After that, they returned to Rochester and settled in Irondequoit where they raised their two children, Elvin, Jr. and Joyce. Helen was a stay at home Mom and her husband worked at Rochester Gas & Electric as a Chemical Engineer. Helen and El were active in the NYS Gladiola Society and grew hundreds of gladiolas that won many awards at several NYS Fairs. Helen and El loved traveling, but especially Hawaii and the West Coast.

Helen’s daughter, Joyce, shared that her Mother’s gift has always been to take interest in people and loves to learn about their lives. Helen was a beautiful baker and knitter and made different color mittens each Christmas for the neighborhood children. She always put her family first and often had a neighborhood friend at her dinner table to enjoy her homemade spaghetti sauce. Helen has two granddaughters, Claire and Michelle. Helen took care of her granddaughters after her husband passed from the time they were infants to age 12, to allow her daughter to work part time at RG&E.

Helen continues to enjoy simple pleasures at Heather Heights and looks forward to her granddaughter Michelle’s wedding on July 8th.

Employee of the Month Sheri Coe (with Rachel)



Sheri Coe has worked at Heather Heights as a Personal Care Assistant and Medication Technician for 12 years. She works in all three of our neighborhoods. Her passion for the people she serves is evident in her daily encounters with them.

Always a song in her heart and a smile on her face, Sheri loves the residents here! One of nine children, she grew up in Sodus Center, NY and graduated from Finger Lakes Community College with an Associates in Arts & Sciences. Her 18 nieces and nephews keep her busy! She enjoys fun in the sun, yard work, singing, reading and country music. Sheri is a great asset to our community. Please congratulate her if you see her around Heather Heights. ☺



Emojis for Everyone



If penned letters have become obsolete thanks to e-mail, will using words to send text messages

become obsolete thanks to emojis? These playful little pictures, sent in place of words via messaging, are the current trend in digital communication. Enjoy this crash course in emojis in preparation for World Emoji Day on July 17.

The word *emoji* is a combination of two Japanese words: *e*, for “picture,” and *moji*, for “character.” This term existed long before cellular phones. During Japan’s Edo period, emoji were used to teach prayers to those who could not read and write.

The first modern emoji were developed in 1999 by Shigetaku Kurita, a young engineer at a Japanese telephone company. Kurita was charged with the task of creating a set of pictures that could be sent on what were the first Internet-connected mobile devices. The screens on these devices were very cheap and could display only a limited number of characters, making it difficult to send accurate messages using only words. Pictures could greatly enhance the phone’s ability to communicate. Kurita developed an original set of 176 icons, including a sun, a cloud, an umbrella for the weather, a martini glass for a bar, a lightbulb for a good idea, a bathroom sign, a “no smoking” sign, and a red circle with three lines for “hot spring.” All of these symbols were created with a mere grid of 12X12 pixels. These original emoji may look as foreign as Egyptian hieroglyphics today.

Today there are almost 2,000 different emojis available on cell phones and social media sites like Twitter and Facebook. Why are they so beloved? Because they put personality on a message. Scientists explain that people react to emoji the same way they react to a human face—with empathy. In this way, it seems we are hardwired for emoji. On World Emoji Day, celebrate the power of the emoji by sending your favorite icon, whether it is a yellow smiley face, heart, unicorn, or thumbs-up. ☺

Customer Satisfaction Surveys

At Heather Heights, we are always striving to provide the best service possible for you and your loved ones. Your opinion matters to us, so please let us know how to better serve you.

We have placed our Customer Satisfaction Surveys in the Lobby and at each Nurses Station for your convenience.

Please take the time to take one and fill it out. The more feedback we receive, the better we can serve you. *Thank You!*



Balloon Volleyball



Enjoying Saturday Music



A future soccer player