

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025

Heather Heights of Pittsford Assisted Living Calendar



10:30 Exercise-B
 2:00 Entertainment with the Bradley Brothers-L
 2:30 Ice Cream Social
 3:30 Manicures with Maria

2
 10:30 Catholic Communion Service-B
 2:00 Goodwin Irish Dancers-B
 2:30 Ice Cream Social
 3:00 Manicures with Maria

3
 10:30 Exercise-B
 11:00 Word out of Word-B
 2:00 Left Right Center-R
 2:30 Ice Cream Social
 3:00 Bingo-R

4
 10:30 Exercise-B
 11:00 Coffee & News-B
 2:00 Mardi Gras Fun-B
 2:30 Ice Cream Social
 3:30 Spa Day with Maria-S

Mardi Gras

5
 10:30 Exercise-B
 11:00 Coffee & News-B
 1:30 Bible Study with Lin-B
 2:00 Ash Wednesday Service & Visits-B
 2:30 Ice Cream Social

Ash Wednesday

6
 10:30 Exercise-B
 11:00 Promote Positivity-B
 2:00 Entertainment with Don Newcomb-L
 2:30 Ice Cream Social
 3:00 Pet Therapy with Ivy L

7
 10:30 Exercise-B
 11:00 Axe Throwing-B
 11:00 Gift Shop Open
 2:00 Happy Hour with Kit Nelson-L
 2:30 Ice Cream Social
 3:00 Resident Rec Meeting-L

8
 10:30 Exercise-B
 2:00 Puzzle Time-R
 2:30 Ice Cream Social
 3:00 Movie Matinee-T

9
 10:30 Catholic Communion Service-B
 2:00 Puzzle Time-R
 2:30 Ice Cream Social
 3:00 Movie Matinee-T

Daylight Saving Time Begins

10
 10:30 Exercise-B
 11:00 Mad Libs Monday-B
 2:00 Live Catholic Mass-B
 2:30 Ice Cream Social
 3:00 Music Hour-B

11
 10:30 Exercise-B
 11:00 Coffee & News-B
 2:00 Entertainment with Harmony & Vine
 2:30 Ice Cream Social
 3:30 Spa Day with Maria-S

12
 10:30 Exercise-B
 12:00 Lunch at McArdle's Restaurant *Must be signed up*
 2:30 Ice Cream Social
 3:30 Name 10-B

13
 10:30 Exercise-B
 11:00 Promote Positivity-B
 2:00 Food Committee-T
 2:30 Ice Cream Social
 3:00 Pet Therapy with Ivy
 3:00 Movie Matinee-T

14
 10:30 Exercise-B
 11:00 Axe Throwing-B
 11:00 Gift Shop Open
 2:00 Happy Hour with Billy Joel-L
 2:30 Ice Cream Social
 3:00 Bingo-R

15
 10:30 Exercise-B
 2:00 Finish the Line-B
 2:30 Ice Cream Social
 3:00 Manicures with Maria

16
 10:30 Catholic Communion Service-B
 2:00 Card Games-R
 2:30 Ice Cream Social
 3:00 Manicures with Maria

17
 10:30 Exercise-B
 11:00 What makes you Lucky?-B
 2:00 Entertainment with The Pearlz-L
 2:30 Ice Cream Social

St. Patrick's Day

18
 10:30 Exercise
 11:00 Coffee & News-B
 2:00 Travelogue to Santorini with Linda-T
 2:30 Ice Cream Social
 3:00 Shamrock Shakes-R

19
 10:30 Exercise-B
 11:00 Coffee & News-B
 1:30 Bible Study with Lin-B
 2:30 Ice Cream Social
 3:00 Bingo-R

20
 10:30 Exercise-B
 11:00 Promote Positivity-B
 2:00 Left Right Center-R
 2:30 Ice Cream Social
 3:00 Pet Therapy with Ivy L
 3:00 Bingo-R

Spring Begins

21
 10:30 Exercise-B
 11:00 Axe Throwing-B
 11:00 Gift Shop Open
 2:00 Comedy Hour with David Kilimnick-L
 2:30 Ice Cream Social

22
 10:30 Exercise-B
 2:00 Puzzle Time-R
 2:30 Ice Cream Social
 3:00 Movie Matinee-T

23
 10:30 Catholic Communion Service-B
 2:00 Puzzle Time-R
 2:30 Ice Cream Social
 3:00 Movie Matinee-T

24
 10:30 Exercise-B
 11:00 Mad Libs Monday-B
 2:00 Bingo-R
 2:30 Ice Cream Social
 3:00 Sunshine Club-R

25
 10:30 Exercise-B
 11:00 Coffee & News-B
 2:00 Resident Council-B
 2:30 Ice Cream Social
 3:30 Spa Day with Maria-S

26
 10:30 Exercise-B
 12:00 Lunch at Northside Inn *Must be signed up*
 2:30 Ice Cream Social
 3:30 Name 10-B

27
 10:30 Exercise-B
 11:00 Promote Positivity-B
 2:00 SHERI-oke & Staff
 2:30 Ice Cream Social
 3:00 Pet Therapy with Ivy L

28
 10:30 Exercise-B
 11:00 Axe Throwing-B
 11:00 Gift Shop Open
 1:00 Podiatry Visits-T
 2:30 Ice Cream Social

29
 10:30 Exercise-B
 2:00 Who, What, Where am I?-B
 2:30 Ice Cream Social
 3:00 Manicures with Maria

30
 10:30 Catholic Communion Service-B
 2:00 Left Right Center-R
 2:30 Ice Cream Social
 3:00 Bingo-R

31
 10:30 Exercise-B
 11:00 Word out of Word-B
 2:00 Left Right Center-R
 2:30 Ice Cream Social
 3:00 UNO-R



We value your suggestions for activities. Please stop by the Recreation office or email jjakubonis@heatherheights.com



R- Red Recreation Room, B- Blue Recreation Room, L- Lobby, T- Theatre, S- Salon